



Celebrating our Nurses

2020 LIBERTIES VIRTUAL RUN FAQs

WHEN DOES IT TAKE PLACE?

The 2020 Liberties Fun Run was due to take place on Wednesday, 15th of July, 2020. However; in light of the Covid-19 Pandemic, the decision was made to turn this years' event in to a **Virtual** event.

Participants will now have from June 1st until July 31st to complete their 4 mile run/walk.

It can take place anywhere in the world, in your own time and at your own pace.

Please Note: We do ask participants to follow Government Advice in relation to the distance you can travel from home for the purpose of exercising.

WHAT IS THE DISTANCE?

The minimum distance to complete the challenge is 4 miles however; for those that wish to do a longer run/walk, you can create your own challenge and your own distance.

HOW MUCH IS THE ENTRY FEE?

ENTRY IS FREE FOR THOSE WHO WISH TO FUNDRAISE for the event by raising a minimum of €100 in sponsorship. All proceeds go to the **Nursing Department at St James's Hospital.**

If you do not wish to fundraise, the registration fee is €25 plus booking fees.

WHAT DO WE GET FOR OUR ENTRY FEE?

All participants will receive a technical running top and a souvenir medal.

WHEN DOES REGISTRATION CLOSE?

Registration will close at midnight on Friday, 31st of July 2020.

WHAT HAPPENS WHEN I REGISTER?

When you have registered on the website you will receive an email confirming your successful registration.

I HAVE DONE MY RUN, WHEN DO I GET MY MEDAL & T-SHIRT?

When you have completed your run/walk, simply forward proof of your completed distance to jamie@supportstjames.ie

Our lead time is 6-8 weeks from order so we plan to ship them out in Early August.

FOR MORE INFORMATION PLEASE EMAIL: [JAMIE@SUPPORTSTJAMES.IE](mailto:jamie@supportstjames.ie)